**Parli Parenting: A model to strive for!**

Nobody is perfect. Nobody gets it right all the time.

These ideas are the result of the Parli Parent Forum discussing helpful parenting strategies.

I make time to listen to my daughter, showing interest in her learning and friendships, her developing personality and her hopes for the future.

I encourage my daughter to learn from mistakes, develop resilience when the learning is challenging and to understand that the best learning comes when she really stretches herself.



I make it explicit that I love my daughter, regardless of her achievements.

I build my daughter’s self-confidence, helping her to set targets and break them down into small steps. I encourage her to aim high without any fear of failure – if she aims for the moon, she will land amongst the stars.

I praise my daughter for the effort she puts into her learning, for never giving up and for finding new ways to tackle difficult tasks (rather than praising her for her results).

I make sure my daughter eats well, has plenty of sleep and exercise. In addition,
I make sure she has opportunities to relax and to build friendships in and out of school so she enjoys her pre-teen and teenage years.

I seek daily opportunities to discuss family news and experiences, national and international news and interesting events with my daughter, for example, at mealtimes.



I provide a quiet space for learning and offer practical support with organisation, ensuring she arrives to school on time, properly equipped for learning.

I model the attitudes to learning that I want my daughter to develop, talking about times when I have needed to use a variety of strategies to achieve my goals and demonstrating a love of lifelong learning.

I work in partnership with PHS to ensure my daughter makes the most of the opportunities offered to her. I make sure the school knows when she needs support and take every opportunity to discuss her learning with teachers.